### **Basic Pharmacology**

### **Objectives:**

At the end of the Basic Pharmacology course, the students should be able to:

- Describe safe and effective prescription of drugs
- Identify /recognize and report the adverse drug reactions
- Mention the list of essential drugs allowed to prescribe by Medical Assistant
- State how to manage in case of emergency by providing emergency medication or administering injections per doctors' advice.

#### **List of Competencies to Acquire:**

- 1. Basic pharmacodynamics (Therapeutic dose) for safe & effective prescribing as per country's rule applicable for medical assistant.
- 2. Adverse drug reaction (toxic effects, side effects)- recognize them & referred to physician (Reporting)
- 3. Prescription writing (choosing safe & effective drugs & appropriate dosage formulations)
- 4. Preparation of ORS
- 5. Concept of essential drugs and selection of essential drug list for use in community based health care services
- 6. Ethics of prescribing: informed patient consent about disease, treatment given and alternative options available
- 7. Give patients injections or medications per doctors" orders

| Contents                         | Learning Objectives  | Training /Learning experiences |                     |  | Expected  | Assessment                         |  |
|----------------------------------|--|--------------------------------|---------------------|--|---|------------------------------------|--|
|                                  |  | Class-room instruction         | Practical<br>/visit | Aids   | hours /days   |                                    |  |
| 1. Basic Concept of Pharmacology | At the end of learning session the students will be able to:  1. define and give example Pharmacology Pharmacy Drugs Dose Therapeutic dose Toxic dose Tolerance Addiction Habituation Drug dependency Side effects Toxic effects Solution Mixture Syrup Ointments Capsules | Lecture<br>Group<br>Discussion | Practical           | Chalk duster & Audio visual OHP Materials / Multimedia                                     | Lec-8hrs  Tutorial - 8hrs  Practical- 2hrs  Visit (hospital dispensary) -4hrs | Post Session Written Test and Viva |  |
|                                  | <ol> <li>Tablets</li> <li>Routes of Administration of drugs with their advantages and disadvantages.</li> <li>Give the different naming of drugs with example</li> <li>Outline some factors which influence the action of drugs</li> </ol>                                 | Lecture  Lecture  Lecture      |                     | Chalk duster & OHP/White board with marker, duster Chalk duster & OHP / Chalk duster & OHP | Lec-6 hrs Tuto-6 hrs Prac-2 hrs   |                                    |  |

| Contents                         | Learning Objectives  | Training /Learning experiences |           |                | Expect  | Assess |
|----------------------------------|--|--------------------------------|-----------|----------------|---------|--------|
|                                  |  | Class-room                     | Practical | Aids           | ed      | ment   |
|                                  |  | instruction                    | /visit    |                | hours   |        |
|                                  |  |                                |           |                | /days   |        |
|                                  |  | Lecture Class                  |           | Chalk          |         | In     |
| Basic Concept of Pharmacology    | Students must be able to:  | Followed by                    |           | duster         |         | Course |
|                                  | - Give the Pharmacological names:                                | Tutorial,                      |           | &              |         | Assess |
|                                  | State the Types of dosages formulation - List their main actions | group                          |           | OHP/           |         | ment   |
|                                  |  | discussion Question-           |           | Multi<br>media |         | Writte |
|                                  | - State their normal absorption and exertion of drugs            | answers and                    |           | media          |         | n Test |
|                                  | - State their indications, contraindications and                 | feed back                      |           |                |         | (SAQ)  |
|                                  | side effects   | iccu back                      |           |                |         | (SAQ)  |
|                                  | - List of essential drugs for union and                          |                                |           |                |         | Viva   |
|                                  | upazila level should be included in 13+33                        |                                |           |                |         | , 1, 4 |
|                                  | drugs respectively   |                                |           |                |         |        |
| 2. Essential drugs in groups.    |  |                                |           |                | Lec-    |        |
| i. Antiseptic /Disinfectant      |  |                                |           |                | 42hrs   |        |
| - Gention violet                 |  |                                |           |                | 421118  |        |
| - Acriflavin                     |  |                                |           |                | Tuto-   |        |
| - Potasium Permanganate          |  |                                |           |                | 44hrs   |        |
| - Chlorhexidine                  |  |                                |           |                |         |        |
| ii. Analgesic, Anti Pyretics and |  |                                |           |                | Prac-4  |        |
| Non Steriodal Anti inflammatory  |  |                                |           |                | Visit   |        |
| drugs                            |  |                                |           |                | (hospit |        |
| - Asprin<br>- Paracetamol        |  |                                |           |                | al      |        |
| - Pethidine                      |  |                                |           |                | dispen  |        |
| iii. Anti spasmodic              |  |                                |           |                | sary)-  |        |
| - Atropine                       |  |                                |           |                | 4hrs    |        |
| - Hyocine N-Butyl Bromide        |  |                                |           |                |         |        |

| Contents                                       | Learning   | Training /Learning experiences |           |      | Expected | Assessme |  |
|--|------------|--------------------------------|-----------|------|----------|----------|--|
|  | Objectives | Class-room                     | Practical | Aids | hours    | nt       |  |
|  |            | instruction                    | /visit    |      | /days    |          |  |
| iv. Antacid                                    |            |                                |           |      |          |          |  |
| - Aluminium Hydroxide                          |            |                                |           |      |          |          |  |
| - Magnesium Hydroxide                          |            |                                |           |      |          |          |  |
| - Magnesium Trisilicate                        |            |                                |           |      |          |          |  |
| v. Haematinics-                                |            |                                |           |      |          |          |  |
| ✓ Ferrous sulphate                             |            |                                |           |      |          |          |  |
| ✓ Folic Acid                                   |            |                                |           |      |          |          |  |
| vi. Anti-Helmintics                            |            |                                |           |      |          |          |  |
| - Mebendazole                                  |            |                                |           |      |          |          |  |
| - Albendazole                                  |            |                                |           |      |          |          |  |
| - Pyrental pamoate                             |            |                                |           |      |          |          |  |
| vii. Anti-Malarial                             |            |                                |           |      |          |          |  |
| - Chlorqnine                                   |            |                                |           |      |          |          |  |
| - Quinine                                      |            |                                |           |      |          |          |  |
| - Sulphadoxine +Pyrimethamine                  |            |                                |           |      |          |          |  |
| viii. Anti Amoebic                             |            |                                |           |      |          |          |  |
| - Metronidazole                                |            |                                |           |      |          |          |  |
| ix. Electolyte and 1/V fluids                  |            |                                |           |      |          |          |  |
| O.R.S  |            |                                |           |      |          |          |  |
| 1/V fluid of various strength                  |            |                                |           |      |          |          |  |
| Dextrose aqua/ Dextrose saline, cholera saline |            |                                |           |      |          |          |  |
| x. Bronchodilators- salbutamol, aminophyline   |            |                                |           |      |          |          |  |
| xi- diuretics                                  |            |                                |           |      |          |          |  |
| - Frusemide                                    |            |                                |           |      |          |          |  |
| - Thiazide                                     |            |                                |           |      |          |          |  |
| xii. Antipsychotic drug                        |            |                                |           |      |          |          |  |
| - Chlorpromazine                               |            |                                |           |      |          |          |  |
| xiii. Hypnotic and Sedative                    |            |                                |           |      |          |          |  |
| - Phenobaribitone                              |            |                                |           |      |          |          |  |
| Diazepam                                       |            |                                |           |      |          |          |  |

| Contents                                   | Learning   | Training /I            | Expected            | Assess |                |      |
|--|------------|------------------------|---------------------|--------|----------------|------|
|  | Objectives | Class-room instruction | Practical<br>/visit | Aids   | hours<br>/days | ment |
| xiv. Antimicrobial                         |            |                        |                     |        |                |      |
| - Phenoxymethyl Penicillin                 |            |                        |                     |        |                |      |
| - Procanie Penicillin                      |            |                        |                     |        |                |      |
| - Ampicillin                               |            |                        |                     |        |                |      |
| - Amoxicillin                              |            |                        |                     |        |                |      |
| - Cloxacillin                              |            |                        |                     |        |                |      |
| - Tetracycilline                           |            |                        |                     |        |                |      |
| - Co-Trimoxazole,                          |            |                        |                     |        |                |      |
| - Ciprofloxacin                            |            |                        |                     |        |                |      |
| xv. Anti-Histamines                        |            |                        |                     |        |                |      |
| - Chlorpheniramine                         |            |                        |                     |        |                |      |
| - Pro methazine HCI                        |            |                        |                     |        |                |      |
| xvi. Anti-Scabics                          |            |                        |                     |        |                |      |
| - Benzyl-benzoate                          |            |                        |                     |        |                |      |
| - Tetmosol                                 |            |                        |                     |        |                |      |
| xvii.Anti-Fungal                           |            |                        |                     |        |                |      |
| - Benzoic Acid+Salicylic Acid              |            |                        |                     |        |                |      |
| - Griseoflulvin                            |            |                        |                     |        |                |      |
| xviii.Local Anesthetics                    |            |                        |                     |        |                |      |
| - Lignocane 2% with or with out adrenaline |            |                        |                     |        |                |      |
| xix. Hypotensive                           |            |                        |                     |        |                |      |
| - Methyldopa, amodipine                    |            |                        |                     |        |                |      |
| - Propanolol, atenolol                     |            |                        |                     |        |                |      |
| xx. Ecbolic                                |            |                        |                     |        |                |      |
| - Ergometrin                               |            |                        |                     |        |                |      |
| - oxitocin                                 |            |                        |                     |        |                |      |
| xxi. Contraceptives                        |            |                        |                     |        |                |      |
| - Oral contraceptives                      |            |                        |                     |        |                |      |
| - emergency pill                           |            |                        |                     |        |                |      |

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|---|--|--|---------------------|--|--|--|
|   |  | Class-room instruction                 | Practica<br>l/visit | Aids   | hours /days  | nt                                     |
| xxii. Vaccines  - BCG - DPT - TT - Polio - Measles - Hepatitis B vaccine - Infuenza vaccines xxiii. Vitamins and trace elements - Vit-A - Vit-B Complex - Vit-C - Vit-D - Vit-E - Zinc xxiv. Cortico-Steroid - Dexamethasone - Prednisolone |  |  |                     |  |  |  |
| <ul><li>3. Prescription Writing</li><li>4. Preparation of ORS</li></ul>   | At the end of the session the students will be able to:  1. Write and ideal prescription of diseases that includes under primary health care e.g. diarrhoea, ARI, Scabies, Ringworm, minor wound infection.  2. Student should know how to prepare O.R.S | Lecture class<br>and Tutorial<br>class |                     | Black<br>Board<br>Audiovisua<br>1 aid &<br>materials | Lec-2 Tut-2 hrs Pra-2hrs Visit (hospital dispensary)- 2hrs | Post<br>session<br>written<br>and viva |